Early Care, Education and Family Studies (ECEF) 1653 Discipline Techniques for Preschool Children
(1 Unit) CSU
[formerly Early Childhood Education 1653; Early Childhood Education 18C]

Advisory: Eligibility for English 1000 and Reading 1005 strongly recommended

Total Hours: 16 hours lecture

Catalog Description: This course is designed to assist early care and education teachers in addressing challenging behavior in the classroom. This course teaches strategies for fostering empathy and respect among children effective and appropriate responses to conflict, and how to assess and develop classroom environments that are sensitive to both culture and diverse abilities. Emphasis will be placed on teaching problem solving skills, conflict resolution strategies, positive reinforcement, and guidance and discipline techniques that are respectful of the child and family.

Type of Class/Course: Degree Credit

Textbook:

Course Objectives:

By the end of the course, a successful student will be able to:

1. address conflicts among young children,
2. assist children in developing respect and empathy toward each other,
3. identify and develop skills for assessing relationships, social skills and behavior,
4. understand and explain why conflicts are learning opportunities,
5. demonstrate appropriate responses, and techniques for guiding young children,
6. explain the importance of teaching children problem solving and conflict resolution skills,
7. analyze and describe the role environment, curriculum and teachers have on behavior, and
8. demonstrate awareness and sensitivity to diverse abilities and cultures.

Course Scope and Content

Unit I Developmental and Theoretical Foundation
   A. Child Development
   B. Behaviorism
   C. Psychoanalytic Theory
   D. Maslow Hierarchy of Needs
Unit II Behavior is a Message
A. Unmet Need
B. Lack of fit with the Environment, Schedule, and People
C. Lack of Skill/Ability
D. Emotional Immaturity or Instability
E. Temperament/Personality
F. Special Need

Unit III Strategies for Pro-social Behavior
A. Guidance Techniques
B. Redirection
C. Problem Solving with the Child
D. Emotional Break or Time Away
E. Emotional Self-Regulation
F. Conflict Resolution Skills
G. Communication

Unit IV Working with the Family
A. Family Meetings and Teamwork
B. The Importance of Consistency
C. Respecting Culture

Unit V Tools for Assessment
A. Running Record
B. Anecdotals
C. Behavior Log
D. Other

Unit VI Environments and Curriculum
A. Developmentally Appropriate Environments
B. Developmentally Appropriate Practice
C. The impact environment and curriculum have on behavior

Learning Activities Required Outside of Class:
The students in this class will spend a minimum of 2 hour per week outside of the regular class time doing the following:

1. Completing required assignments
2. Completing required reading
3. Writing in their journals

Methods of Instruction:
1. Films or videos when available
2. Workshops
3. Visiting specialists
4. Class presentations
5. Readings and evaluations
6. Peer interactions and problem solving
Methods of Evaluation:

1. Written assignments, including
   a. journal entries
   b. self-assessment inventory on class presentations

2. Skill demonstrations, including
   a. presentations

3. Other examinations, including
   a. essay
   b. oral

Supplemental Data:

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