

Course: STSU 0206 Time/Organizational/Study Strategies

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CG&E Approved:	
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State Approved:	Fall 2010

First Revision

Updated By:	V. Herder
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Second Revision

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Text Update

Semester Updated:	
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Student Success (STSU) 0206 Time/Organizational/Study Strategies (.5) [formerly Student Success 98ABCD]

Prerequisite: None

Total Hours: 8-hours lecture

Catalog Description: This course focuses on effective strategies for listening, taking useful notes, and

creating/using a time schedule. This course is offered on a Pass/No Pass basis only.

Type of Class/Course: Non Degree Credit

Text: None

Instructional Materials: Weekly day planner

Course Objectives:

By the end of the course, a successful student will be able to:

1. Create a personalized daily/weekly schedule including key deadlines,

- Demonstrate use of daily/weekly schedule, 2.
- 3. Demonstrate effective listening skills,
- Demonstrate effective note taking strategies, 4.
- Demonstrate effective use of organizational skills, and 5.
- Demonstrate effective use of listening, organization, and note taking for optimizing study 6. process.

Course Scope and Content:

Unit I Goal setting

> Goals and objectives A. B.

Personalized planners

C. Identification of key deadlines

Unit II Listening and note taking strategies

> Active versus passive listening A.

Note taking strategies В.

Unit III Procrastination and Prioritizing

> Procrastination A. Setting priorities B.

C. Time management strategies

Unit IV Focus and Distractions Study Skills

> Techniques for staying in focus A.

Techniques to avoid distractions B.



Learning Activities Required Outside of Class:

Students will be required to spend a minimum of 1 hour per week outside of the regular class time doing the following:

- 1. Creating a personalized daily/weekly schedule including key deadlines using sample syllabi,
- 2. Interviewing a Taft College employee regarding services their department offers using strategies learned in class for listening and note taking, and
- 3. Practicing study strategies.

Methods of Instruction

- 1. Lecture,
- 2. Class participation,
- 3. Individual and group work, and
- 4. Media presentations.

Methods of Evaluation:

- 1. Sample timeline,
- 2. Sample notes,
- 3. To-Do Lists,
- 4. Action Plans, and
- 5. Final presentation.