

Reviewed by: J. Ross
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Learning Skills (LRSK) 0250 Improving Study Skill Strategies (1 unit per semester; limit 4 units)
[formerly Learning Skills 55ABCD]

Prerequisite: None

Total Hours: 16 hours lecture

Catalog Description: This course offers specialized computer assisted instruction and study skills for disabled students to provide an opportunity to maximize their study skills and increase their academic efficiency and success.

Type of Class/Course: Non-degree applicable

Text: None

Additional Instructional Materials: Data disks and notebooks

Course Objectives:

By the end of the course, a successful student will be able to

1. demonstrate with 80% accuracy the ability to compare, contrast and apply strategies necessary to achieve competency with software programs as assigned by the instructor and measured by pre- and post-assessment.
2. make measurable progress toward fulfillment of the goals and objectives stated in her/his Student Educational Program/Individualized Educational Plan that are appropriate to the content and scope of this course,
3. enhance their study skills through computer assisted instruction,
4. develop and refine study skills and strategies,
5. improve or enhance attitudes toward studying, time management, note taking techniques, critical reading skills, memory training, test taking strategies, and math study skills, and
6. increase learning efficiency through use of compensatory strategies and computer assisted instruction.

Course Scope and Content:

Unit I

Textbook

- A. Develop and refine study skill techniques through the use of textbook, videos, and computer software. Areas of development and instruction covered are: attitude, goal setting, time management, note taking techniques, critical reading skills, memory training, test taking skills, and math study skills.

Computer Software

1. Homeworke - time management and flash cards
2. Printshop - time management and goal setting
3. Cognitive Rehab - memory, sequencing, association and categorization

4. Study Skills - Active listening, note-taking, reading for facts, math steps and learning styles
5. Self-esteem - "should-would" thoughts and "all or nothing" thinking
6. Test Taking Made Easy - preparation for true/false, multiple choice, fill-in-the- blank questions
7. Following Directions - understanding numerical sequence, reading comprehension, understanding the concepts of first, middle, and last and visual comprehension, one-step and multiple-step directions
8. SkillsBank - reference materials and library skills
9. US & World Atlas CD-ROM - map, graph, chart and table reading skills, gathering, organizing, and use of reference information

Unit II Application of Study Skill Strategies

- A. Develop and apply the practical use of study skill strategies. Use of computer tutorials, simulations and guided practice will be used to successfully support participation in Learning Disabled and mainstream classes.

Learning Activities Required Outside of Class:

The students in this class will spend a minimum of 2 hours per week outside of the regular class time doing the following:

1. Computer work
2. Planning, organizing, and self monitoring in the student's own environment

Methods of Instruction:

Instruction will be provided through a lecture and story format utilizing both individual and group action as appropriate. Cooperative learning groups will also be utilized as an instructional method.

Methods of Evaluation:

Pre- and post-assessment by the instructor will be based on the criteria specified in Student Educational act/Individualized Education Plan.

1. Students must state reasonable progress in the ability to compare, and
2. Apply study skill strategies necessary to state competency with each software program assigned instructor.