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<u>Criminal Justice Administration (CJA) 2134 Correctional Interviewing and Counseling (3 Units) CSU</u> [formerly Criminal Justice Administration 34]

Advisory: Eligibility for English 1500 strongly recommended

Total Hours: 48 hours lecture

Catalog Description: This course is an overview of the techniques in counseling available to practitioners in corrections. Appropriate techniques and theories in confidence building which may be used by the correctional employee in client interviews and counseling will be covered. This is a basic course for students planning to enter, or already employed within, the correctional science field.

Type of Class/Course: Degree Credit

Text: Van Voorhis, Patricia, and Emily Salisbury. *Correctional Counseling and Rehabilitation*. 8th ed. New York: Routledge, 2014. Print.

Course Objectives:

By the end of the course, a successful student will be able to:

- 1. Demonstrate skills in individual and group communication dynamics *(KSA 29,44,48,58,61,68),
- 2. Demonstrate the ability to conduct an interview *(KSA 29,58,68),
- 3. Demonstrate various kinds of intervention/counseling techniques *(KSA 29,48,53,54,61,100),
- 4. Demonstrate and explain the development of roles and responsibilities of clients and staff *(KSA 53,54,60,65), and
- 5. Identify obstacles that complicate the task of conducting objective interviews and counseling *(KSA 29,58,59,65).

*KSA refers to the "Knowledge, Skills & Abilities" identified as being a part of the entry level skills within the California Department of Corrections and Rehabilitation, (CDCR), and the California Youth Authority (CYA).

Course Scope and Content:

Unit I A professional framework for correctional counseling

- A. The process of correctional counseling and treatment
- B. Understanding the special challenges faced by the correctional counselor in the prison setting

Unit II Historical foundations of correctional counseling and treatment

A. Psychoanalytic therapy



- B. Radical behavioral interventions
- C. Early approaches to group and milieu therapy

Unit III Offender assessment, diagnosis, and classification

- A. Diagnosis and assessment of criminal offenders
- B. An overview of offender classification systems

Unit IV Contemporary approaches to correctional counseling and treatment

- A. Social learning models
- B. Cognitive therapies
- C. Family therapy

Unit V Effective correctional intervention: What works?

- A. Treating sexual offenders
- B. Treating substance abuse in offender populations
- C. Treating antisocial offenders
- D. Correctional treatment: Accomplishments and realities

Learning Activities Required Outside of Class:

The students in this class will spend a minimum of 6 hours per week outside of the regular class time doing the following:

- 1. Studying Textbook(s)
- 2. Completing required reading including case studies
- 3. Completing required written exercises
- 4. Library research
- 5. Special projects/Internet Research

Methods of Instruction:

- 1. Lectures
- 2. Class discussions
- 3. Audio/visual presentations /research and study materials
- 4. scenarios

Methods of Evaluation:

- 1. Written assignments
- 2. Exams essays
- 3. Final Exam
- 4. Skill demonstrations

Supplemental Data:

TOP Code:	210510: Corrections



SAM Priority Code:	C: Clearly Occupational
Distance Education:	Not Applicable
Funding Agency:	Y: Not Applicable(funds not used)
Program Status:	1: Program Applicable
Noncredit Category:	Y: Not Applicable, Credit Course
Special Class Status:	N: Course is not a special class
Basic Skills Status:	N: Course is not a basic skills course
Prior to College Level:	Y: Not applicable
Cooperative Work Experience:	N: Is not part of a cooperative work experience education program
Eligible for Credit by Exam:	E: Credit By Exam
Eligible for Pass/No Pass:	C: Pass/No Pass
Taft College General Education:	NONE
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